

BREAKFAST

LE PARISIEN

CONTINENTAL BREAKFAST 30

Your selection of juices

Orange, pineapple, grapefruit, apple, cranberry, tomato

Seasonal sliced fruits Market selection

Cereals Corn flakes, All Bran, Sultana Bran, Special K, Crunchy Nut Corn Flakes, Coco Pops, Just Right, Weet-bix

Sofitel Viennoiserie basket

Served with butter and Beerenberg jams
French butter croissant, chocolate croissant,
Danish pastry, French baguette or toast

Your selection of hot beverage

Hot brewed coffee, decaffeinated coffee, Ronnefeldt teas,
full cream milk, skim milk or soy milk

Nespresso machines are available
at the bar for your convenience

Barista made coffee 3.5
Espresso, cappuccino, latte, flat white,
Sofitel hot chocolate or mocha

LE WENTWORTH

BUFFET EXPERIENCE 40

Farm fresh eggs any style

Fried, scrambled, poached, boiled, omelette, egg white omelette

Accompanied with

Riverina bacon, cooked ham, seasonal sausages, roasted chat potatoes, Roma tomato and sautéed button mushrooms

Your selection of juices

Orange, pineapple, grapefruit, apple, cranberry, tomato

Seasonal sliced fruits Market selection

Cereals Corn flakes, All Bran, Sultana Bran, Special K, Crunchy Nut Corn Flakes, Coco Pops, Just Right, Weet-bix

Sofitel Viennoiserie basket

Served with butter and Beerenberg jams
French butter croissant, chocolate croissant,
Danish pastry, French baguette or toast

Your selection of hot beverage

Hot brewed coffee, decaffeinated coffee, Ronnefeldt teas,
full cream milk, skim milk or soy milk

Nespresso machines are available
at the bar for your convenience

Barista made coffee 3.5
Espresso, cappuccino, latte, flat white,
Sofitel hot chocolate or mocha

FARM TO FACE

FARM FRESH EGGS

Two farm fresh eggs any style 19
(Fried, scrambled, poached, boiled, omelette, egg white omelette)
Served with roasted chat potatoes, Roma tomato, sautéed button mushrooms and Sonoma sourdough

Extras 8 each
Seasonal sausages, Riverina bacon, sliced ham,
sliced turkey

Classic eggs Benedict 24
English muffins, light smoked ham, two poached farm eggs,
Hollandaise sauce, served with roasted chat potatoes.

w/ Huon Tasmanian smoked salmon 26

DELIGHTFUL

YOUR HEALTHY CHOICES

| | | | |
|-----------------------------------|-----------|--|-----------|
| SYDNEY SELECTION (333 cal) | 20 | EDWIN FLACK SELECTION (325 cal) | 20 |
| Coffee or tea No sugar | | Coffee or tea No sugar | |
| Low fat milk 125 ml (63 cal) | | Low fat yoghurt 125 ml (100 cal) | |
| Chicken breast 125 g (165 cal) | | Seasonal fruits 200 g (120 cal) | |
| Cereal bread 50 g (105 cal) | | Whole wheat toast 50 g (105 cal) | |
| Butter & jam (65 cal) | | Butter & jam (65 cal) | |
| Light butter | | Light butter | |
| St Dalfour sugar free jams | | St Dalfour sugar free jam | |

| | |
|--|-----------|
| Baked egg whites with green asparagus (284 cal) | 16 |
| Eggs whites, cream, asparagus, salt & pepper | |
| Egg white and fresh herb omelette (173cal) | 19 |
| Served with roasted vegetables | |




PETIT BREAKFAST

SMALL PLATES OF GOODNESS

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| Traditional organic oatmeal | 11 |
| Served with apple, raisin and brown sugar | |
| Sofitel's famous Bircher muesli | 11 |
| Cereals | 9 |
| Corn Flakes, All Bran, Sultana Bran, Special K, Crunchy Nut Corn Flakes, Coco Pops, Just Right, Weet-bix, Organic Granola, Gluten Free Cereal. | |
| Served with full cream, skim or soy milk | |
| Seasonal sliced fruits Market selection | 9 |
| Seasonal whole fruits Market selection | 9 |
| Seasonal fruit salad Market selection | 9 |
| Light Greek yoghurt | 6 |
| Natural, low fat or mixed with berries | |

LIQUID GOODNESS

BARISTA TO BUBBLES

| | |
|--|-----------|
| Veuve Cliquot NV Brut  gls | 23 |
| French press brewed coffee | 6 |
| Ronnefeldt teas | 6 |
| Black, white, green and herbal tea selection | |
| Barista made coffee | 6 |
| Espresso, cappuccino, latte, flat white, Sofitel hot chocolate or mocha | |
| Fresh squeezed juices | 8 |
| Orange, pineapple, grapefruit, apple, cranberry, carrot | |
| Fresh fruit smoothie | 8 |
| Detox juice | 8 |
| Fresh squeezed vegetable juice | 8 |

DELICATESSEN

DELICATE MEATS & CHEESES

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| Market fresh vegetable salad | 14 |
| Infused with a lemon and extra virgin olive oil vinaigrette | |
| Mixed field greens | 12 |
| With a drizzle of white balsamic dressing | |
| Sofitel cheese selection | 18 |
| Tasmanian double brie, Meredith Dairy goats milk, Mafra aged cheddar, served with lavosh and grissini | |
| Huon Tasmanian smoked salmon & gravlax | 18 |
| Served with whole wheat toast & condiments | |
| Charcuterie selection | 18 |
| Assorted cold cuts served with gherkins, pickled onions, bread sticks | |

FROM PASTRY

WITH LOVE

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|---|-----------|
| Sofitel Viennoiserie basket | 15 |
| Served with butter and Beerenberg jams, French butter croissant, chocolate croissant, Danish pastry, French baguette or toast | |
| Selection of breads | 10 |
| Your choice of 3 French baguette, sourdough, brioche, dark rye, ciabatta, white, multigrain, raisin, rye, gluten free bread Served with butter and Beerenberg jams | |
| Fluffy pancakes | 15 |
| Plain, blueberry or banana. Served with Canadian maple syrup and house whipped cream. | |
| + Riverina Bacon | 8 |
| Belgian waffles | 15 |
| Served with sugar and house made jam, Belgian chocolate sauce or house whipped cream | |
| French crêpes | 15 |
| Served with lemon sugar, house made jam or served plain | |
| French toast | 15 |
| Served with Canadian maple syrup and house whipped cream. | |
| + Riverina Bacon | 8 |

GARDENCOURT